Life during Covid-19 lockdown for people with vision impairment

Key characteristics of a survey of 937 people with vision impairment in the UK:

- 62% Service Vision Impairment
- 35% Guide Dog Owners
- 31% Medically Vulnerable

Effect of lockdown measures on activity levels

- 84% were “much less active” in terms of mobility
- 62% experienced reduced work, study and/or volunteering
- 60% experienced reduced exercise, hobbies and other activities

What were the strongest constraints to active, independent life during Covid-19?

- 92% were more concerned about wellbeing of loved ones
- 68% were more concerned about own health
- 95% said places normally like to go are closed

Who felt most constrained during Covid-19?

- < 70yo
- > 70yo

Who were best able to make use of these strategies during Covid-19?

- Work
- Keeping in touch
- Shopping

Services that were rated “good” during Covid-19

- Delivery: 82%
- Medical: 58%
- Transport: 31%
- Gov’t: 28%

Confidence in the 2-metre rule is:

- The 2-metre rule is most difficult for:
  - < 70yo

Wellbeing during Covid-19 was moderate for:

- Overall life satisfaction
- State of mind
- Quality of sleep
- Optimism about the future

Based on research by Jillian M. Rickly, Nigel Halpern, Marcus Hansen, Scott McCabe and John Fellenor.

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